How do I refer a young person to YouthLink?

Families, carers, friends or other professionals can refer a young person to YouthLink.

The young person needs to be aware of the referral and be willing to meet with us. Once we have received a referral, we will contact the young person to arrange a time to meet.

Other useful contacts:

- **Kids Helpline**
  1800 551 800 (24 hours)
  Website: www.kidshelp.com.au

- **BoysTown**
  Parentline - 1300 301 300
  Open 8 am-10 pm, 7 days

- **Headspace**
  Website: www.headspace.org.au

To make a referral please contact our Intake, Referral and Assessment Service (IRAS) team on: (07) 3826 1500 or email us at iras@yfs.org.au.

What we do:

YouthLink is experienced in helping young people aged 12-18 deal with challenging or stressful situations. These might be things like:

- Having a safe, stable place to live.
- Schooling/training or employment.
- Self harm/alcohol and substance use.
- Connecting with family and community.
- Leading a healthy and violence-free life.
**What we do**

We want you to be healthy, happy and confident to make good decisions.

- We talk to you about what you want to achieve and help you create a plan to make those goals happen.
- We help you to involve family or other important people in your life.
- We regularly review progress with you to make sure we are on track.
- We stick with you until you’re ready to move on.

We can help you to:

- get back into school
- look for work
- sort things out with your family
- get into sports or other activities.

We can:

- help you with housing
- provide information about healthy living
- go with you to appointments.

**How do I know if YouthLink is right for me?**

Deciding to work with a service can be a hard decision to make.

YouthLink have a friendly team who are happy to chat with you about what you want and how we can help make it happen.

You can call us on: **(07) 3826 1500**