

# We are here

2-4 Rowan Street,  
Slacks Creek

**YFS Head Office:**  
376 Kingston Road,  
Slacks Creek



Step by Step resources  
strong and proud young  
families, where children can  
thrive, learn and grow.

## Step by Step YOUNG FAMILIES

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AS/NZS ISO 9001



YFS acknowledges Aboriginal and Torres Strait Islander  
people as Australia's first peoples and the traditional owners  
and custodians of the land on which we meet and work.

Step by Step is funded by  
**Australian Government Department of Social Services**  
Visit <https://www.dss.gov.au> for more information



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**CLIENT INFORMATION**



# Step by Step

YOUNG FAMILIES

**pregnant  
& parenting  
young people  
25 and under**

**Step by Step supports strong and proud young families,  
where children can thrive, learn and grow**





## How we can help

We work with young people aged 25 years and under who are pregnant or parenting (3rd trimester), and their children, to identify hopes and goals for the future.

*We can help you with:*

- Parenting information, skills and strategies.
- Housing and household management.
- Children's development and behaviour.
- Relationships, family communication and family conflict.
- Managing family finances.
- Access to local services and activities.
- Finding the right employment or education option.
- Getting out in your community and meeting other young parents.

### **Our service is voluntary and free.**

We will work with you for up to 12 months and can work from your home, in the community or from our office.



## Young Parents Programs

- Meet other young mums and dads.
- Learn about fun ways to interact with your child and support their development.
- Have your say in activities you would like to do or be involved in with your family and other young parents.



## Counselling

We offer counselling for mums, dads, and other family members

*We help with:*

- Parenting and family relationships.
- Personal wellbeing.
- Other concerns including domestic & family violence.

*Plus, we can also support through:*



## Burrability

Burrability works with Aboriginal & Torres Strait Islander families and children to help them manage life's ups and downs and live safe, thriving, happy and healthy lives.

